



## **VIDANTA SPA FACT SHEET**

The Vidanta resorts have been built to provide guests with beautiful and peaceful vacation havens where they can unwind and indulge in the pampering of a luxury-filled paradise. To ensure every stay is filled with relaxation, most of the Vidanta destinations have gorgeous spas, which offer a wide variety of treatments performed by a staff of expert therapists. Many of these offerings utilize ingredients and techniques that harness the healing traditions of ancient Mexico. Guests receive these treatments in beautiful facilities that invoke the relaxing characteristics of nature, for a truly luxurious and renewing experience.

### **SPATIUM**

#### **DESCRIPTION:**

Fusing nature and ancient techniques with cutting-edge facilities and results-driven treatments, the full-service **Spatium** reimagines a typical day of indulgent relaxation. The spa incorporates tranquility, elegance, and the natural beauty of the surrounding nature into its captivating design. Situated amongst lush vegetation, Spatium offers a retreat from the resort and delivers an inspired ambience with a diverse menu of original therapeutic treatments and an expansive indoor/outdoor relaxation and experiential areas. Treatments range from more traditional, holistic therapies and authentic techniques to one-of-a-kind themed spa journeys and treatment rituals incorporating fresh and indigenous ingredients. Spatium also offers manicures/pedicures, complete beauty salon services, and access to a fully equipped fitness facility.

#### **LOCATIONS:**

Nuevo Vallarta and Riviera Maya

#### **SERVICES:**

##### **Spa Treatments**

- Specialty Massages
- Couple's Massages
- Scrubs and Wraps
- Facials
- Halotherapy (Riviera Maya)

##### **Fitness Center**

- Fitness Classes
- Personal Training
- Strength Training
- Free Weights
- Stationary Bicycles
- Elliptical, Spinning, and Rowing Machines

##### **Hair, Nail, and Beauty Salon**

- Manicures and Pedicures
- Hand and Foot Massages
- Haircuts and Coloring
- Waxing

##### **Additional Amenities**

- Hydrotherapy Annex
- Cold Plunge Tubs
- Jacuzzis
- Foot Baths
- Steam Room and Sauna

**SPA HIGHLIGHTS:****Salt Therapy Cabin**

The brand-new salt cabins are the first of their kind in all of Mexico, providing a healing effect on respiratory and skin conditions.

Located only in Riviera Maya.

**Outdoor Hydrotherapy Sanctuary**

A new hydrotherapy, palapa-style annex with a series of Jacuzzis, cold plunge tubs, steam rooms, saunas, foot baths, and relaxation areas.

**Private Outdoor Bungalows**

Ten luxury bungalows named after birds often found in the jungle, such as Quetzal, Flamingo, and Hummingbird.

**SPA TREATMENT MENU THEMES:*****Journey Through Ancient Mexico***

Specially designed treatments where medicinal herbs play a key role.

***Mediterranean Experience***

Discover the secrets of the Mediterranean through a wide array of treatments inspired by ancient traditions of the Old World.

***Discovering India***

Treatments that focus on the human being as a whole, a combination of mind, body, and soul as part of the Veda tradition.

***Around the World***

Unique experiences, including techniques, essences, and healing traditions inspired by Thailand, Japan, Italy, Indonesia, and the South Pacific.

***Signature Massages***

Customer designed massages, available only at Spatium.

***Sir Spatium***

A variety of treatments catering especially to men.

**SAMPLE TREATMENTS:*****Halotherapy Treatments in Salt Cabins***

The salt cabin environment emulates a natural salt cave, allowing guests to breathe in elements essential to the body's proper functioning. Sessions are shown to help enhance the immune system and improve breathing and skin-related health problems.

***Viva Tequila Relief Massage***

This Mexico-inspired treatment includes relaxing exfoliation, margarita aromatherapy, and a tequila oil massage (using custom-made, local tequila oil available only at Spatium). The treatment finishes with a house-made signature margarita.

### ***Four-Hands Massage***

Using ancient Mayan ingredients of corn oil infused with incense, myrrh, and a unique mix of herbs, two therapists work in synchronization to create a completely relaxing experience.

## **BRIO**

### **DESCRIPTION:**

Brio spa is Vidanta's reimagining of the classic French spa, where unique architectural elements combine with soothing sounds and invigorating aromas to provide unparalleled relaxation. A variety of indulgent treatments and wraps allow guests to revive their body and soul. Spa facilities include outdoor relaxation palapas, Jacuzzis, and cold plunge tubs to be enjoyed after treatments are completed. Brio also offers manicures/pedicures, beauty salon services, and access to a fully equipped fitness facility.

### **LOCATIONS:**

Nuevo Vallarta, Riviera Maya, Los Cabos, Acapulco, and Puerto Peñasco

### **SERVICES:**

#### **Spa Treatments**

- Specialty Massages
- Couple's Massages
- Reflexology
- Aromatherapy
- Exotic Body Treatments
- Facials

#### **Fitness Center**

- Fitness Classes
- Personal Training
- Strength Training

- Free Weights
- Stationary Bicycles
- Elliptical, Spinning, and Rowing Machines

#### **Hair, Nail, and Beauty Salon**

- Manicures and Pedicures
- Hand and Foot Massages
- Haircuts and Coloring
- Waxing

#### **Additional Amenities**

- Cold Plunge Tubs
- Jacuzzis

### **SAMPLE TREATMENTS:**

#### ***Temazcal Experience***

Led by a Mayan shaman, guests enter the Temazcal, a round stone structure heated by volcanic rocks, and embark on a purifying ritual. *Located only in Nuevo Vallarta.*

#### ***Mayan Mud Wrap***

This full-body treatment relaxes, moisturizes, and detoxifies by harnessing the thermal energy of white clay and invigorating powers of tangerine-vanilla essential oils.

#### ***Tequila Massage***

Combining lymphatic, deep tissue, and Swedish techniques into one treatment while employing tequila oil to sooth and calm, this massage provides the ultimate experience in pampering.

*ABOUT VIDANTA RESORTS:*

*Vidanta is an elite collection of luxury properties located on the most coveted beaches in Mexico. Vidanta's seven distinct destinations consist of Vidanta Nuevo Vallarta, Vidanta Riviera Maya, Vidanta Los Cabos, Vidanta Acapulco, Vidanta Puerto Peñasco, Vidanta Puerto Vallarta, and Vidanta Mazatlán. In addition, Vidanta is comprised of six different resort hotel brands, each offering an exceptional guest experience, including Grand Luxxe, The Grand Bliss, The Grand Mayan, The Bliss, Mayan Palace, and Sea Garden. Vidanta is dedicated to elevating the typical resort experience through continual evolution, with a vision rooted in innovation and the highest quality standards. Every resort boasts an extensive list of amenities, signature services, and authentic experiences unique to each destination. Additionally, Vidanta features a diverse selection of entertainment options and activities; world-class, luxury spas; as well as six renowned golf courses designed by the sport's biggest names, including three Jack Nicklaus courses and a new Greg Norman course at Nuevo Vallarta. From new resorts under development in Mexico's most desirable locales, to a variety of inventive destination attractions being introduced, including JOYÀ by Cirque du Soleil which recently debuted at Vidanta Riviera Maya, as well as the forthcoming Cirque-Vidanta resort and theme park, Vidanta is constantly expanding and offering new, one-of-a-kind guest experiences at each of its destinations. For more information, visit [www.vidanta.com](http://www.vidanta.com).*

*MEDIA CONTACT*

*Caitlin Martz*

*TURNER*

*Caitlin.martz@turnerpr.com*

*303-333-1402*